



**November 12-13, 2015**

**PREDIABETES AND MENTAL HEALTH – A CALL FOR ACTION**

**McGill University  
&  
Douglas Mental Health University Institute**

<http://www.mcgill.ca/prediabmental/>

Thursday, November 12, 2015  
8:15 AM – 5:00 PM  
(Reception from 5:00 PM – 6:30 PM)  
Thompson House, McGill University  
3650 rue McTavish,  
Montreal (Downtown), QC

AND

Friday, November 13, 2015  
8:30 AM – 12:30 PM  
Dobell Pavilion (Bowerman Room), Douglas Mental Health University Institute  
6875 Lasalle Boulevard, Montreal (Verdun), QC

Thursday, November 12, 2015

8:15 AM      **Registration, light breakfast and welcoming remarks**  
**Thompson House, McGill University**

**Guest Speaker Presentations**

9:00 AM      *The current state of prediabetes in Canada: implications for population health*  
**Laura Rosella, PhD**, Dalla Lana School of Public Health, CAN, University of Toronto, Public Health Ontario

9:50 AM      *Depression, impaired glucose metabolism, and type 2 diabetes*  
**Mika Kivimaki, PhD**, University College London, UK, Chair of Social Epidemiology

**10:40 AM – 11:00 AM      COFFEE BREAK**

11:00 AM      *Reconsidering the role of context in diabetes prevention to address social disparities*  
**Briana Mezuk, PhD**, Virginia Commonwealth University, USA, Department of Family Medicine and Population Health, Division of Epidemiology

**11:50 AM – 1:00 PM      LUNCH (PROVIDED)**

1:00 PM      *Mental health and (pre)diabetes: what does the evidence tell us?*  
**Frans Pouwer, PhD**, Tilburg University, The Netherlands, Department of Medical and Clinical Psychology

1:50 PM      *Depression in diabetes and prediabetes: implications for management*  
**Michael Kyrios, PhD**, Australian National University, Canberra, AUS, Research School of Psychology, College of Medicine, Biology and Environment

**2:40 PM – 3:00 PM      COFFEE BREAK**

3:00 PM      *Depression – addressing the ups and downs of glucose and mood using a team-based collaborative care approach*  
**Paul Ciechanowski, MD, MPH**, University of Washington, USA, Department of Psychiatry and Behavioral Sciences.

3:50 PM      *Red pepper or cupcake? How do prediabetes and lifestyle interventions impact mental health?*  
**Lorian Taylor, RD, PhD**, Alberta Health Services, CAN

4:40 PM      *Closing remarks*  
**Norbert Schmitz, PhD**, McGill University and the Douglas Mental Health University Institute

**5:00 PM – 6:30 PM      WINE AND CHEESE RECEPTION**

**Friday, November 13, 2015**

8:30 AM      **Breakfast**  
**Dobell Pavilion (Bowerman Room), Douglas Mental Health University**  
**Institute**

**Roundtable Discussions**

9:00 AM      *Opening remarks and introduction of discussants*

9:15 AM      *Roundtable discussion*

**10:15 AM – 10:30 AM      COFFEE BREAK**

10:30 AM      *Roundtable discussion (continued)*

11:15 AM      *Summary and consensus on future research priorities*

11:45 PM      *Opportunities for future research*

12:15 PM      *Closing remarks*

**12:30 PM                      LUNCH (PROVIDED)**

## MAPS

Thompson House, 3650 rue McTavish, Montreal, QC H3A 1Y2



Dobell Pavilion (Bowerman Room), Douglas Mental Health University Institute

